ALL INDIA INSTITUTE OF MEDICAL SCIENCES Ansari Nagar, New Delhi -110029

Date: 15/06/2018

Dear Faculty Member /Officers/Staffs /Students

I am pleased to invite you to the various programmes being organized by AIIMS on the occasion of 4th International Day of Yoga celebration. As a part of the celebration, Mass yoga demonstration/Practice is being organized on 21st June 2018 from 7am to 8am, in the lawn in-front of JLN auditorium. All the Faculty members, officers, staffs and students of AIIMS are invited to participate in the Mass Yoga Demonstration/Practice.

The programme schedule from 17th June to 21st June is attached

Note:

- 01. Participants are advised to come in comfortable clothing.
- 02. T-Shirt (Limited Number) will be distributed to the participants on 21/6/2018) 6.30 am onwards

Director AIIMS

Copy to:

- 1. All chiefs of Center /Head of departments with the request to kindly circulate among all employee and students
- 2. PA to DD (Admin), SFA, MS, CNO, CAO, SE for information
- 3. All Unions/Associations
- 4. All notice board of institute.
- 5. Professor in-charge, computer facility, with request to upload this notice on institute website
- 6. Prof. In-charge CIMR.

The Programme Schedule from 17th June 2018 to 21st June 2018

Sl. No.	Date	Programme	Time	Venue
1	17 th June 2018	Workshop on Yoga for Faculty	8.00AM-12.30PM	CIMR, Convergence Block, 7 th Floor AIIMS
2	18 th June 2018	Expert Group Discussion	2.30PM-5.30PM	Dr.Ramalingaswami Board Room, Director Office
3	18 th June 2018	Workshop on Yoga for Nursing Staffs	9.30AM-12.00 N	CIMR, Convergence Block, 7 th Floor AIIMS
4	19 th June 2018	Workshop on Yoga for Staffs	9.30AM-12.00 N	CIMR, Convergence Block, 7 th Floor AIIMS
5	20 th June 2018	Workshop on Yoga for Student & Scholars	3.00PM-5.30PM	CIMR, Convergence Block, 7 th Floor AIIMS
6	21 st June 2018	Mass Yoga Demonstration/ Practice	7.00AM-8.00AM*	Lawn in-front of JLN Auditorium

Note: *For participating in Mass Yoga Demonstration/Practice, all are requested to reach the venue by 6.45 AM on 21st June 2018

For Confirmation, please feel free to contact

1. Dr.Sriloy

: 959560540977

2. Mr. Kamal

:99588730901

3. Mr. Mansingh: 09968407284