

ALL INDIA INSTITUTE OF MEDICAL SCIENCES

Ansari Nagar, New Delhi - 110029

No.F-18/OPD/2016-Estt. (H.)

Dated: 10.10.2016

A letter dated 04.10.2016 received from Dr. Sudhir K. Khandelwal, Professor & Head, Department of Psychiatry, AIIMS, is endorsed herewith to All Chief(s) of Centre, All Head of clinical Departments/units, Prof. I/c Computer Facility, Chairperson Computerization Committee, All Faculty of Hosp. Admn., All Hospital Officers, DNS I/c OPD, Chief MRO (H.), JMRO I/c RAK OPD, for information & necessary action at their end.

(DR. D.K. SHARMA)
MEDICAL SUPERINTENDENT

C.C.: Director } - for information.



E.O.No.240621/2016/213

**All India Institute of Medical Science
Ansari Nagar, New Delhi - 110029**

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Dr DK Sharma
Medical Superintendent
AIIMS, New Delhi

4 October, 2016

Subject: Intimation of Initiation of Behavioral Addictions Clinic (BAC) by Department of Psychiatry

Dear Sir,

Behavioral addictions, including internet addiction, gaming addiction, mobile addiction etc., are being recognized as a growing problem. These conditions have been found to have significant adverse impact and are associated with distress and dysfunction. The Department of Psychiatry has witnessed a steady increase in the queries and demand for clinical services for such patients over the past few months.

I am pleased to share with you that the Department of Psychiatry and National Drug Dependence Treatment Center (NDDTC) have initiated a Behavioral Addictions Clinic (BAC) to cater to the needs of such population and offer them specialized services. The clinic is held every Saturdays in the out-patient setting of the Department of Psychiatry alongside the general OPD. This has been discussed in the Departmental meeting, and meets the approval of the faculty.

The BAC offers assessment as well as intervention services for behavioral addictions and co-morbid mental health conditions. The consultant in-charge of the clinic are Dr Yatan Pal Singh Balhara and Dr Rachna Bhargava.

I request you to include the Behavioral Addictions Clinic (BAC) in the out-patient clinical services roster of AIIMS and circulate the details to the other clinical and administrative departments.

Thank you.

Yours sincerely

(Signature)
Sudhir K Khandelwal

Mr Santen

(Signature)
17.10