

CURRICULUM VITAE

Name: Dr Ashish Bindra

Designation: Professor

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Educational qualification: Degrees obtained (Begin with Bachelor's degree)

MBBS	SP Medical College, Bikaner	2001
MD (Anaesthesiology)	SMS Medical College, Jaipur	2006
DNB(Anesthesiology)	National Board of examinations	2007
DM (Neuroanaesthesia)	All India Institute of Medical Sciences, New Delhi	2011

Publications : Total No. of Publications: 100+

- Number of articles in PubMed (Past 10 years): 55
- H-index: 16
- Chapters in Books: 10 (In Press 1)

Editorial Board:

- Guest Associate Editors(Neuroanaesthesiology) in Frontier in Anesthesiology.
- Journal of Neuroanaesthesiology and Critical Care
- Neurology India

Reviewer/ Referee of National/ International Journals:

- Journal of Neuroanaesthesiology and Critical Care
- Journal of Anaesthesiology Clinical Pharmacology
- Journal of Medical Science Monitoring
- Indian Journal of Neurosurgery
- Indian Journal of Anaesthesia
- Neurology India
- Saudi Journal of Anaesthesia

Life-Membership of Scientific Bodies

- Neurocritical Care Society (NCS)
- Indian Society of Anaesthesiologists (ISA)
- Indian Society of Neuroanaesthesiology and Critical Care (ISNACC)
- Society of Neuroscience in Anesthesiology and Critical Care (SNACC)
- Neurotrauma Society of India

Awards & Honors:

Area of specialization/Name of Award	Conferred by	Year
MEDICINE		
II Position in final MBBS	Government of Rajasthan	2002
Distinction in Preventive and Social Medicine	Government of Rajasthan	2002
Best Free paper award	Indian Society of Anaesthesiology	2010
Instructor Advanced Trauma Life Support	American College of Surgeons	2011-2018
Instructor AIIMS Basic Emergency & Critical Care	All India Institute of Medical Sciences	2012-2018
Best poster award “ Hypothermia in Traumatic Brain Injury for control of intracranial hypertension : Standalone or therapeutic adjunct”	Indian Society of Neuroanaesthesiology and Critical Care	2016

Core Faculty in Acute Neurological Care course.	Indian Society of Neuroanaesthesiology and Critical Care	To date
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Member Organ Retrieval and Banking Organization (ORBO), AIIMS

Faculty Advanced Trauma Life Support (ATLS)

Faculty AIIMS Ultrasound Trauma Life Support

Faculty AIIMS Basic Emergency Care Course

Faculty AIIMS Neurological life Support

Faculty Acute Neuro Care

Faculty Cadaveric Airway management workshop

Faculty Neuroanesthesia Neurocritical Care Refresher Course (NANC R)

Faculty Neurocritical Care workshop

Faculty Workshop for Neuro -nurses

Faculty PG Assembly

Organizing secretary:

- AIIMS Neuroanesthesia Update 2019
- Cadaveric Interventional pain management workshop : 3

Areas of Interest:

- Targeted temperature Management
- Neurotrauma and Critical Care
- Epilepsy anaesthesia
- Chronic pain management
- Cerebral microdialysis

National and International conferences (80+ talks)

- Webinars
- Lectures
- Panel discussion
- Moderation of live workshops
- Other workshops

Abstract:

- [SNACC-12] Anesthetic Management of Patients with Hypothalamic Hamartoma-A Retrospective Study Seshan J, Rath G, Bindra A, Chandra P, Doddamani R. Department of Neuroanaesthesiology & Critical care, AIIMS, New Delhi, Delhi, India
- [SNACC-23] Cerebral regional energy metabolism in patients with Traumatic Brain

Injury Bindra A*, Goyal K*, Khandelwal A† , Mishra R‡ . All India Institute of Medical Sciences, New Delhi, India*. Sharda University School of Medical Sciences and Research, Greater Noida, India† . National Institute of mental Health and Neurosciences, Bengaluru, Karnataka, India‡

- [SNACC-86] Perioperative Complications During Posterior Fossa Surgery in Sitting Position: A Single-Center Retrospective Study Rath G, Balakrishnan A, Bindra A. All India Institute of Medical Sciences (AIIMS), New Delhi, India
- [SNACC-61] Intraoperative Blood Sugar Changes: A Randomised Control Study Comparing Sevoflurane and Desflurane Dube S*, Kaushal A† , Bindra A*, Chaturvedi A*. AIIMS, New Delhi, India*. AIIMS, Bhopal, India†
- [IJA-66] Effect of sevoflurane versus desflurane on blood glucose level in patients undergoing intracranial neurosurgery: A randomised controlled study. Kaushal A, Bindra A, Dube SK

Publications:

- Kaushal, Ashutosh; **Bindra, Ashish**¹; Dube, Surya Kumar¹. Effect of sevoflurane versus desflurane on blood glucose level in patients undergoing intracranial neurosurgery: A randomised controlled study. Indian Journal of Anaesthesia: November 2022 - Volume 66 - Issue 11 - p 769-775 doi: 10.4103/ija.ija_7_22
- Singh P, Gupta DK, **Bindra A**, Trikha A, Lathwal A, Malhotra R, Walia K, Mathur P. Antimicrobial consumption in intensive care unit patients at level 1 trauma centre in India. Indian J Med Microbiol. 2022 Jan-Mar;40(1):86-90. doi: 10.1016/j.ijmmb.2021.09.006. Epub 2021 Oct 1. PMID: 34602292.
- Kumar N, **Bindra A**, Singh GP, Goyal K, Chaturvedi A, Yadav N, Yadav AK. Incidence of posterior vessel wall puncture during ultrasound guided vascular access: Short axis versus long axis approach. J Anaesthesiol Clin Pharmacol. 2021 Jul-Sep;37(3):342-346. doi: 10.4103/joacp.JOACP_185_19. Epub 2021 Oct 12. PMID: 34759541; PMCID: PMC8562459.
- **Bindra A**, Chowdhary V, Dube SK, Goyal K, Mathur P. Utility of Serum Procalcitonin in Diagnosing Paroxysmal Sympathetic Hyperactivity in Patients with Traumatic Brain Injury. Indian J Crit Care Med. 2021 May;25(5):580-583. doi: 10.5005/jp-journals-10071-23811. PMID: 34177179; PMCID: PMC8196379.
- Sameera V, **Bindra A**, Rath GP. Human errors and their prevention in healthcare. J Anaesthesiol Clin Pharmacol. 2021 Jul-Sep;37(3):328-335. doi: 10.4103/joacp.JOACP_364_19. Epub 2021 Oct 12. PMID: 34759539; PMCID: PMC8562433.
- Fatima S, Garg A, Joseph L, Padma Srivastava MV, Vibha D, Bansal R, **Bindra A**, Tripathi M, Singh RK, Elavarasi A. Carotid Artery Stenting for a Nonagenarian Presenting as Stuttering Stroke. Ann Indian Acad Neurol. 2022 Jul-Aug;25(4):715-717. doi: 10.4103/aian.aian_14_22. Epub 2022 Sep 9. PMID: 36211156; PMCID: PMC9540955.
- Sengupta D, **Bindra A**, Kapoor I, Mathur P, Gupta D, Khan MA. Comparison of Different Tidal Volumes for Ventilation in Patients with an Acute Traumatic Cervical Spine Injury. Neurol India. 2022 Sep-Oct;70(Supplement):S282-S287. doi: 10.4103/0028-3886.360926. PMID: 36412382.
- Tyagi M, Bir M, Sharma A, Singh PK, **Bindra A**, Chandra PS. Intraoperative

Neuromonitoring for Spinal Surgery in a Pregnant Patient: Case Report and Literature Review. *Neurol India*. 2022 Sep-Oct;70(Supplement):S314-S317. doi: 10.4103/0028-3886.360931. PMID: 36412388.

- Sameera V, **Bindra A**, Rath GP. Intraoperative Magnetic Resonance Imaging (iMRI) mishaps - Troubleshooting an unsafe object attached to the scanner. *Indian J Anaesth*. 2021 Mar;65(Suppl 1):S50-S51. doi: 10.4103/ija.IJA_870_20. Epub 2021 Mar 20. PMID: 33814591; PMCID: PMC7993032.
- Sengupta D, **Bindra A**, Kumar N, Goyal K, Singh PK, Chaturvedi A, Malhotra R, Mishra AK. Respiratory morbidity and mortality of traumatic cervical spinal cord injury at a level I trauma center in India. *Spinal Cord Ser Cases*. 2021 May 13;7(1):36. doi: 10.1038/s41394-020-00371-5. PMID: 33986249; PMCID: PMC8117130.
- Rajgopalan V, Sengupta D, **Bindra A**, Kumar N, Goyal K, Dube S.k, Kedia S. Hiccups in neurocritical care. *Journal of Neurocritical Care* 2021 Feb doi: 10.18700/jnc.200018
- Mathur P, Khurana S, Kumar S, Gupta D, Aggrawal R, Soni KD, Goyal K, Sokhal N, Singh GP, **Bindra A**, Sagar S, Farooque K, Sharma V, Trikha V, Gupta A, Trikha A, Malhotra R. Device associated infections at a trauma surgical center of India: Trend over eight years. *Indian J Med Microbiol*. 2021 Jan;39(1):15-18. doi: 10.1016/j.ijmmb.2020.10.015. Epub 2020 Nov 4. PMID: 33610250.
- Sharma N, Gupta A, Killedar M, **Bindra A**, Patil A, Gupta S, Gopathoti P, Kumar P. One for Everyone: A Study of User Satisfaction Among Health-Care Providers Regarding Extended Use of N95 Masks During the COVID-19 Pandemic. *Disaster Med Public Health Prep*. 2022 Apr;16(2):619-626. doi: 10.1017/dmp.2020.380. Epub 2020 Oct 12. PMID: 33040770; PMCID: PMC7737120.
- Dhanda A, Singh GP, **Bindra A**. Correlation Between Invasive and Noninvasive Technique of Intracranial Pressure Measurement in Children With Traumatic Brain Injury: An Observational Study. *J Neurosurg Anesthesiol*. 2022 Apr 1;34(2):221-226. doi: 10.1097/ANA.0000000000000751. PMID: 33346598.
- **Bindra A**, Kajal S, Sikka K. Tracheostomy during COVID-19 Pandemic: Viewpoint. *Journal of Neuroanaesthesiology and Critical Care*. 2020 sept. 02; doi: 10.1055/s-0040-1716428
- Kumar N, Bindra A. Traumatic Spine Injury. *Acute Neuro Care*. 2020 June 17. doi:https://doi.org/10.1007/978-981-15-4071-4_9
- Yadav S, Bindra A, Das KS. Anesthetic Management of a Patient with Acute Head Injury for Orthopaedic Procedure. 2020 June. doi: 10.1055/s-0040-1710703
- Pahade A, **Bindra A**, Chawla R. Perceived Benefits and Barriers to a Career in Neuroanesthesiology: The Indian Perspective. *J Neurosurg Anesthesiol*. 2020 May 29. doi: 10.1097/ANA.0000000000000701. Epub ahead of print. PMID: 32482987.
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- Govindaswamy A, Bajpai V, Singh P, Lohiya A, Ayyanar M, Gupta DK, **Bindra A**, Singh GP, Mathur P. Prevalence and Antibiotic Resistance Profile of Cerebrospinal Fluid Pathogens from Neurosurgical Patients from Level 1 Trauma Center in India. *Asian J Neurosurg*. 2019 Jul-Sep;14(3):834-838. doi: 10.4103/ajns.AJNS_268_18. PMID: 31497110; PMCID: PMC6703012.
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Space Occupying Lesion. *Journal of Neuroanaesthesiology and Critical Care*. 2019 Oct 23. doi: 10.1055/s-0039-1697217.

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- Sengupta D, **Bindra A**, Chaturvedi A, Routray S. A0030 Evaluation of Respiratory Morbidity and Eventual Outcome in Traumatic Cervical Spinal Cord Injury: A Retrospective Study. *Journal of Neuroanaesthesiology and Critical Care*. 2019 Mar. DOI: 10.1055/s-0039-1684137.
- **Bindra A**, Kaushal A, Prabhakar H, Chaturvedi A, Chandra PS, Tripathi M, Subbiah V, Sathianathan S, Banerjee J, Prakash C. Neuroprotective role of dexmedetomidine in epilepsy surgery: A preliminary study. *Neurol India*. 2019 Jan-Feb;67(1):163-168.
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- Govindaswamy A, Bajpai V, Singh P, Lohiya A, Ayyanar M, Gupta D, **Bindra A**, Singh GP, Mathur P. Prevalence and antibiotic resistance profile of cerebrospinal fluid pathogens from neurosurgical patients from level 1 trauma center in India. *Asian J Neurosurg*. 2019 DOI: 10.4103/ajns.AJNS_268_18
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Critical Care 2018;5:117-118.

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- Bajpai V, Gupta D, **Bindra A**, Malhotra R, Mathur P. Culture of cultures: Antimicrobial prescription practices in hospitalized patients at level 1 trauma centre. *J Patient Saf Infect Control* 2018;6:23-6
- Bindu B, **Bindra A**, Rath GP. Temperature management under general anesthesia: Compulsion or option. *Journal of Anaesthesiology Clinical Pharmacology*. 2017 July. doi:10.4103/joacp.JOACP-334-16.
- Bindu B, **Bindra A**, Kaushal A, Prabhakar H, Chaturvedi A. Neuroprotective role of dexmedetomidine in epilepsy surgery: a preliminary study. *Journal of Neurosurgical Anesthesiology*. 2017 May. doi:10.1097/ANA.0000000000000469
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- Banik S, **Bindra A**, Jain V, Goyal K, Rath GP. Abstract PR085: Effect of Dexmedetomidine for Icu Sedation in Head Injury Patients. *Anesthesia & Analgesia*. 2016 Sept. doi: 10.1213/01.ane.0000492491.65436.8d.
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- **Bindra A**, Gupta D, Andrews P. Hypothermia in traumatic brain injury for control of intracranial hypertension: Standalone therapeutic option or adjunct?. *Journal of Neuroanaesthesiology and Critical Care*. 2016 April. doi: 10.1055/s-0038-1667564.
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- Mishra RK, **Bindra A***, Kumar N, Devaranjan SLJ. Post-intubation quadriplegia in a

child: A dreadful presentation. *Journal of Neuroanaesthesiology and Critical Care* 2016;3 : 65-66.

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- **Bindra A**, Bithal P, Sokhal N, Arora A. Pain relief can be painful. *Indian J Palliat Care*;21:355-7.
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- Rastogi N, Mathur P, **Bindra A**, Goyal K, Sokhal N, Kumar S, Sagar S, Aggarwal R, Soni KD, Tandon V. Infections due to *Elizabethkingia meningoseptica* in critically injured trauma patients: A seven-year study. *Journal of Hospital Infection.* 2015 Aug. doi: 10.1016/j.jhin.2015.07.008.
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Control Of Intracranial Hypertension As Therapeutic Option: Icp Trends And Graded Hypothermia. *Journal Of Neurotrauma*. 2014 June.31:A-1–A-126.

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- **Ashish Bindra**, Madhur Chauhan, Niraj Kumar, Vikas Chauhan, Varun Jain, Keshav Goyal. Severe barotrauma resulting from subtle migration of tracheal tube: A nightmare' *Saudi Journal Of Anesthesia*.
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the treatment of refractory status epilepticus. Cochrane Database of Sys Rev 2012;15;8:CD009202.

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