

Dr. Anu Gupta
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Assistant Professor, Department of Neurology,
Neurosciences center, AIIMS, New Delhi
Outpatient clinic – Tuesday and Friday (forenoon), Room no. 2

Dr. Anu Gupta is an Assistant Professor in the Department of Neurology at All India Institute of Medical Sciences, New Delhi, India. She has special interest in adult onset neurocognitive disorders (dementias) which include disorders of memory, behaviour and higher cognitive functions.

She obtained her post-doctoral specialist certification in DM (Neurology) in 2013 from the Department of Neurology, Post Graduate Institute of Medical Education and Research, Chandigarh. Before joining AIIMS in October 2019, she worked as faculty in the Department of Neurology at PGIMER Chandigarh; GB Pant hospital, New Delhi and VMMC and Safdarjung Hospital, New Delhi.

Awards

1. Third annual IJEM award for best brief communication – 2013
2. National Torrent young scholar award– 2012
3. Dissertation paper selected as award paper at IANCON 2012
4. Gold medal and Best graduate award – MBBS batch 2000, DMC&H Ludhiana – 2005
5. Second prize – 17th IAP pediatric quiz – North zone, New Delhi - 2004

All publications

2022

1. Gupta P, Misra B, Sudheer P, Bhatia R, Singh MB, Srivastava MVP, Tripathi M, Srivastava AK, Prasad K, Vibha D, Vishnu VY, Rajan R, Pandit AK, Singh RK, **Gupta A**, Elavarasi A, Das A, Divya MR, Ramanujam B, Agarwal A. Patients with Neurological Illnesses and Their Experience During the Lockdown: A Teleinterview-based Study. Ann Indian Acad Neurol. 2022 Jan-Feb;25(1):76-81.

2021

2. **Gupta A**, Gupta Y, Anjana RM, Ranjani H, Kalaivani M, Goyal A, Jagannathan N, Sharma S, Mittal B, Radhakrishnan VK, Garg V, Sharma G, Jyotsna VP, Sagar R, Mohan V, Tandon N. Association of cognitive impairment with sleep quality, depression and cardiometabolic risk factors in individuals with type 2 diabetes mellitus: A cross sectional study. J Diabetes Complications 2021;35(8):107970.
3. Chowdhury D, Bansal L, Duggal A, Datta D, Mundra A, Krishnan A, Koul A, **Gupta A**. TOP-PRO study: A randomized double-blind controlled trial of topiramate versus propranolol for prevention of chronic migraine. Cephalalgia 2021;3331024211047454.

4. Pedapati R, Bhatia R, Shakywar M, **Gupta A**, Vishnubhatla S, Srivastava MVP, Tripathi M, Singh MB, Singh RK, Y VV, Rajan R, Gupta A, Aggarwal R, Prasad K. Educating Caregivers to Reduce Complications and Improve Outcomes of Stroke Patients (ECCOS) - A Cluster-Randomized Trial. *J Stroke Cerebrovasc Dis* 2021;30(9):105966.
5. Bhatia R, Padma Srivastava MV, Sylaja PN, Komakula S, Upadhyay A, Pardasani V, Iype T, Parthasarathy R, Reddy R, Kushwaha S, Roy J, Satish P, Trikha A, Wig N, Dhar L, Vibha D, Vishnu VY, Pandit AK, **Gupta A**, Elavarasi A, Agarwal A, Gupta V, Singh RK, Oza H, Halani H, Ramachandran D, George GB, Panicker P, Suresh MK, Kumaravelu S, Khurana D, Rajendran SP, Pamidimukkala V, Gupta S, Pandian JD, Chowdhury D, Rai NK, Sharma A, Nambiar VK. Clinical Features and Outcome of Stroke with COVID-19. COVID-19 Stroke Study Group (CSSG), India. *Ann Indian Acad Neurol*. 2021 Sep-Oct;24(5):668-685.
6. Bhatia R, Sylaja PN, Srivastava MVP, Komakula S, Iype T, Parthasarathy R, Khurana D, Pardasani V, Pamidimukkala V, Kumaravelu S, Pandian J, Kushwaha S, Chowdhury D, Gupta S, Rajendran SP, Reddy R, Roy J, Sharma A, Nambiar V, Rai NK, Upadhyay AD, Parkipandla S, Singh MB, Vibha D, Vishnu VY, Rajan R, **Gupta A**, Pandit AK, Agarwal A, Gaikwad SB, Garg A, Joseph L, Sreedharan SE, Reddy S, Sreela K, Ramachandran D, George GB, Panicker P, Suresh MK, Gupta V, Ray S, Suri V, Ahuja C, Kajal K, Lal V, Singh RK, Oza H, Halani H, Sanivarapu S, Sahonta R, Duggal A, Dixit P, Kulkarni GB, Taallapalli AVR, Parmar M, Chalasani V, Kashyap M, Misra B, Pachipala S, Yogeesh PM, Salunkhe M, Gupta P; COVID-19 Stroke Study Group (CSSG) India. Clinical profile and outcome of non-COVID strokes during pandemic and the pre pandemic period: COVID-Stroke Study Group (CSSG) India. *J Neurol Sci*. 2021 Sep 15;428:117583.
7. Agarwal A, Gupta P, Sharma A, **Gupta A**, Garg A, Rajan R, Vishnu VY, Bhatia R, Singh MB, Goyal V, Padma Srivastava MV. Myelin Oligodendrocyte Glycoprotein Antibody Syndrome and Seizures: A Diagnostic Clue. *Ann Indian Acad Neurol*. 2022 Jan-Feb;25(1):163-167. doi: 10.4103/aian.AIAN_131_21. Epub 2021 Sep 27.
8. Agarwal A, Sharma J, Padma Srivastava MV, Bhatia R, Singh MB, **Gupta A**, Pandit AK, Singh R, Rajan R, Dwivedi S, Upadhyay A, Garg A, Vishnu VY. Early Post-Stroke Seizures in Acute Ischemic Stroke: A Prospective Cohort Study. *Ann Indian Acad Neurol*. 2021 Jul-Aug;24(4):580-585. doi: 10.4103/aian.AIAN_1283_20. Epub 2021 Jun 29.
9. Sharma A, Agarwal A, Srivastava P, Garg A, Rajan R, **Gupta A**, Bhatia R, Singh MB, Sharma MC, Vishnu V. Hypertension with recurrent focal deficits. *Pract Neurol*. 2021 Dec;21(6):555-558.
10. **Gupta A**, Vishnu VY, Singh MB, Bhatia R, Rajan R, Vibha D, Elavarasi A, Radhakrishnan D, Agarwal A, Ramanujam B, Das A, Singh RK, Pandit AK, Srivastava A, Tripathi M, Prasad K, Srivastava MVP. Managing Non-COVID Acute Neurology Amidst the Pandemic: Challenges and Work in Progress. *Ann Indian Acad Neurol*. 2021 Jan-Feb;24(1):11-14.

11. Agarwal A, Salunkhe M, **Gupta A**, Vishnu VY, Garg A, Rajan R, Srivastava MVP. An Acquired Neuro-Nephrology Syndrome. *J Clin Rheumatol.* 2021 Dec 1;27(8S):S647-S648.
12. Pedapati R, Bhatia R, Shakywar M, Gupta A, Vishnubhatla S, Srivastava MVP, Tripathi M, Singh MB, Singh RK, Y VV, Rajan R, **Gupta A**, Aggarwal R, Prasad K. Educating Caregivers to Reduce Complications and Improve Outcomes of Stroke Patients (ECCOS) - A Cluster-Randomized Trial. *J Stroke Cerebrovasc Dis.* 2021 Sep;30(9):105966.

2020

13. Roopa Rajan , Achal K Srivastava , Reghu Anandapadmanabhan , Arti Saini , Ashish Upadhyay , **Anu Gupta** , Venugopalan Y Vishnu , Awadh K Pandit , Deepti Vibha , Mamta B Singh , Rohit Bhatia , Vinay Goyal , Sada Nand Dwivedi , Padma Srivastava , Kameshwar Prasad .Assessment of Botulinum Neurotoxin Injection for Dystonic Hand Tremor: A Randomized Clinical Trial. *JAMA Neurol* 2020;e204766.
14. Roopa Rajan , Arti Saini , Bhawna Verma , Nishu Choudhary , **Anu Gupta** , Venugopalan Y Vishnu , Rohit Bhatia , Mamta B Singh , Achal K Srivastava , Madakasira Vasantha Padma Srivastava . Anticholinergics May Carry Significant Cognitive and Gait Burden in Parkinson's Disease. *Mov Disord Clin Pract.* 2020 Aug 29;7(7):803-809.
15. Agarwal A, Yadav D, **Gupta A**, Vishnu VY, Rajan R, Singh MB, Bhatia R, Srivastava Mv P. Delayed bilateral internal carotid artery dissection following motor vehicle accident: time to make its screening a part of trauma protocol? *QJM.* 2020 Sep 1;113(9):672-673. doi: 10.1093/qjmed/hcaa037. PMID: 32096863.
16. Chawla T, **Gupta A**, Dhamija K, Chowdhury D. Young Male with Paraparesis and Vision Loss- A Rare Presentation of Eales' Disease. *Ann Indian Acad Neurol.* 2020 Jul-Aug;23(4):563-566.
17. Mishra B, Vishnu VY, **Gupta A**, Garg A, Saxena R, Rajan R, Bhatia R, Singh MB, Srivastava MVP. Teaching NeuroImages: An oculocerebral metameric syndrome. *Neurology.* 2020 Oct 27;95(17):e2458-e2459.
18. **Gupta A** , Srivastava MVP Newer Paradigms in Language Neurobiology. *Ann Indian Acad Neurol* 2020;23(Suppl 2):S73-S81.
19. Agarwal A, Vishnu VY, Vibha D, Bhatia R, **Gupta A**, Das A, Srivastava MVP. Intracerebral Hemorrhage and SARS-CoV-2: Association or Causation. *Ann Indian Acad Neurol.* 2020 May-Jun;23(3):261-264. doi: 10.4103/aian.AIAN_362_20. Epub 2020 Jun 5.
20. Agarwal A, Goyal A, Rajan R, Joseph L, **Gupta A**, Gupta A, Vishnu VY, Bhatia R, Singh MB, Padma Srivastava MV. Recurrent Stroke in Young: Rule Out a Cervical Rib! *Ann Indian Acad Neurol.* 2021 Mar-Apr;24(2):286-288. doi: 10.4103/aian.AIAN_325_20. Epub 2020 Jul 22.
21. Rajan R, Radhakrishnan DM, Srivastava AK, Vishnu VY, **Gupta A**, Shariff A, Padma Srivastava MV. Conduct of Virtual Neurology DM Final Examination during COVID-19 Pandemic. *Ann Indian Acad Neurol.* 2020 Jul-Aug;23(4):429-432. doi: 10.4103/aian.AIAN_593_20. Epub 2020 Jul 17.

22. Agarwal A, Srivastava MVP, **Gupta A**, Rajan R, Garg A, Mishra B, Singh MB, Bhatia R, Vishnu VY. Cysticidal Therapy for Diffuse Parenchymal and Calcific Neurocysticercosis. *Am J Trop Med Hyg.* 2020 Nov 16;104(2):734-738.
23. **Gupta A**, Padma Srivastava MV. Newer Paradigms in Language Neurobiology. *Ann Indian Acad Neurol.* 2020 Sep;23(Suppl 2):S73-S81. doi: 10.4103/aian.AIAN_487_20. Epub 2020 Aug 5.

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24. Vinny PW, **Gupta A**, Modi M, Srivastava MVP, Lal V, Sylaja PN, Narasimhan L, Dwivedi SN, Nair PP, Iype T, Vishnu VY. Head to Head Comparison between Neurology Residents and a Mobile Medical Application (App) for diagnostic accuracy in Cognitive Neurology. *QJM* 2019 May 14; pii: hcz106.

2018

25. **Gupta A**, Kumar PS, Puri V, Saran RK, Narang P, Chowdhury D. 51-year old man with tingling, burning and progressive limb weakness. *Practical Neurology*, online first 14 May 2018.
26. Kalra S, **Gupta A**. Diabetic Painful Neuropathy and Restless Legs Syndrome in Diabetes. *Diabetes Ther.* 2018 Apr;9(2):441-447.

2017

27. Roshan S, Puri V, Chaudhry N, **Gupta A**, Rabi SK. Sleep abnormalities in juvenile myoclonic epilepsy-A sleep questionnaire and polysomnography based study. *Seizure.* 2017 Aug;50:194-201.

2016

28. **Gupta A**, Prabhakar S, Modi M, Bhadada SK, Kalaivani M, Lal V, Khurana D. Effect of Vitamin D and calcium supplementation on ischaemic stroke outcome: a randomised controlled open-label trial. *Int J Clin Pract.* 2016 Sep;70(9):764-70.
29. **Gupta A**, Kumar N, Saharan R, Rastogi P, Vishnu VY, Lal V. Teaching Video NeuroImages: Vertical supranuclear ophthalmoparesis: A diagnostic pearl for Niemann-Pick C. *Neurology* 2016;86(10)
30. **Gupta A**, Goyal MK, Singh P, Lal V. Early Transneuronal Degeneration in Dyke-Davidoff-Masson Syndrome. *J Clin Neurol* 2016;12:117-8.
31. Sharma S, **Gupta A**, Deshmukh A, Singh S, Puri V. Downbeat nystagmus. *Postgrad Med J.* 2016 Dec 13.
32. Sharma S, **Gupta A**, Deshmukh A, Puri V. Arsenic poisoning and Mees' lines. *QJM.* 2016 Aug;109(8):565-6.
33. Sharma S, **Gupta A**, Soni G, Saran RK, Srivastava AK, Puri V. The butterfly mystery. *Neurol India.* 2016 Nov-Dec; 64(6):1376-1377.
34. **Puri V, Gupta A**. Weakness in the critically ill: Can we predict and prevent? *Neurol India.* 2016 Jul-Aug; 64(4):606-7.

35. Goyal MK, Bhatkar S, Modi M, Mehta S, **Gupta A**, Kamath S, Lal V. Anti-Ri antibody-mediated paraneoplastic cerebellar degeneration: A rare, treatable yet poorly recognized entity. Neurol India. 2016 Sep- Oct;64(5):1033-5.

2015

36. **Gupta A**, Goyal MK, Modi M, Lal V. Tuberculous optic neuritis: A case report. J Neurol Sci. 2015 Mar 24.
37. Das B, Goyal MK, Modi M, Lal V, Mehta S, **Gupta A**, Ahuja C. A rare cause of temporal lobe ring-enhancing lesion. Neurol Clin Pract. 2015 Dec;5(6):538-539.
38. Kalra S, Gupta Y, Baruah MP, **Gupta A**. Comment on Udell et al. Saxagliptin and cardiovascular outcomes in patients with type 2 diabetes and moderate or severe renal impairment: observations from the SAVOR-TIMI 53 Trial. Diabetes Care 2015;38:696-705. Diabetes Care. 2015 Jun;38(6):e88-9.

2014

39. Rabinstein AA, **Gupta A**. Restarting anticoagulation after intracranial hemorrhage: a risky decision with no recipe. Neurology 2014;82:1016-7.
40. **Gupta A**, Prabhakar S, Modi M, Bhadada SK, Lal V, Khurana D. Vitamin D status and risk of ischemic stroke in North Indian patients. Indian J Endocrinol Metab. 2014 Sep;18(5):721-5.
41. **Gupta A**, Goyal MK, Vishnu VY, Ahuja CK, Khurana D, Lal V. Bilateral medial medullary infarction: the 'heart' reveals the diagnosis. Int J Stroke 2014;9(4).
42. **Gupta A**, Chakravarthi S, Goyal MK. 'Face of giant panda': a rare imaging sign in Wilson's disease. QJM 2014;107:579.
43. **Gupta A**, Jogi V, Goyal MK, Modi M, Khurana D. Chronic meningitis in systemic lupus erythematosus: An unusual etiology. Ann Indian Acad Neurol 2014;17:426-8.
44. **Gupta A**, Gupta Y. Diabetic neuropathy: Part 1. J Pak Med Assoc 2014;64:714-8.
45. **Gupta A**, Gupta Y. Diabetic neuropathy: Part 2. J Pak Med Assoc 2014;64:846-50.

2013

46. **Gupta A**, Gupta Y. Glucocorticoid-induced myopathy: Pathophysiology, diagnosis, and treatment. Indian J Endocrinol Metab 2013;17:913-916.
47. Gupta Y, **Gupta A**. Post-partum screening after gestational diabetes. Lancet Diabetes Endocrinol 2013;1:90-1.
48. Gupta Y, **Gupta A**. Response to Lie et al. Preventing Type 2 diabetes after gestational diabetes: women's experiences and implications for diabetes prevention interventions. Diabet Med 2013;30:1509-10.
49. Gupta Y, **Gupta A**. Comment on: Tran et al. Early prediction of gestational diabetes mellitus in Vietnam: clinical impact of currently recommended

- diagnostic criteria. *Diabetes Care* 2013;36:618-624. *Diabetes Care*. 2013 Oct;36(10):e185.
50. **Gupta A**, Gupta Y. Glucocorticoid-induced myopathy: Pathophysiology, diagnosis, and treatment. *Indian J Endocrinol Metab* 2013;17:913-916.

Important publications

1. **Gupta A**, Gupta Y, Anjana RM, Ranjani H, Kalaivani M, Goyal A, Jagannathan N, Sharma S, Mittal B, Radhakrishnan VK, Garg V, Sharma G, Jyotsna VP, Sagar R, Mohan V, Tandon N. Association of cognitive impairment with sleep quality, depression and cardiometabolic risk factors in individuals with type 2 diabetes mellitus: A cross sectional study. *J Diabetes Complications* 2021;35(8):107970.
2. Roopa Rajan , Achal K Srivastava , Reghu Anandapadmanabhan , Arti Saini , Ashish Upadhyay , **Anu Gupta** , Venugopalan Y Vishnu , Awadh K Pandit , Deepti Vibha , Mamta B Singh , Rohit Bhatia , Vinay Goyal , Sada Nand Dwivedi , Padma Srivastava , Kameshwar Prasad .Assessment of Botulinum Neurotoxin Injection for Dystonic Hand Tremor: A Randomized Clinical Trial. *JAMA Neurol* 2020;e204766.
3. Chowdhury D, Bansal L, Duggal A, Datta D, Mundra A, Krishnan A, Koul A, **Gupta A**. TOP-PRO study: A randomized double-blind controlled trial of topiramate versus propranolol for prevention of chronic migraine. *Cephalalgia* 2021;3331024211047454.
4. Pedapati R, Bhatia R, Shakywar M, **Gupta A**, Vishnubhatla S, Srivastava MVP, Tripathi M, Singh MB, Singh RK, Y VV, Rajan R, Gupta A, Aggarwal R, Prasad K. Educating Caregivers to Reduce Complications and Improve Outcomes of Stroke Patients (ECCOS) - A Cluster-Randomized Trial. *J Stroke Cerebrovasc Dis* 2021;30(9):105966.
5. Roopa Rajan , Arti Saini , Bhawna Verma , Nishu Choudhary , **Anu Gupta** , Venugopalan Y Vishnu , Rohit Bhatia , Mamta B Singh , Achal K Srivastava , Madakasira Vasantha Padma Srivastava . Anticholinergics May Carry Significant Cognitive and Gait Burden in Parkinson's Disease. *Mov Disord Clin Pract*. 2020 Aug 29;7(7):803-809.
6. Vinny PW, **Gupta A**, Modi M, Srivastava MVP, Lal V, Sylaja PN, Narasimhan L, Dwivedi SN, Nair PP, Iype T, Vishnu VY. Head to Head Comparison between Neurology Residents and a Mobile Medical Application (App) for diagnostic accuracy in Cognitive Neurology. *QJM* 2019 May 14; pii: hc106.

7. Roshan S, Puri V, Chaudhry N, **Gupta A**, Rabi SK. Sleep abnormalities in juvenile myoclonic epilepsy-A sleep questionnaire and polysomnography based study. *Seizure.* 2017 Aug;50:194-201.
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9. Rabinstein AA, **Gupta A**. Restarting anticoagulation after intracranial hemorrhage: a risky decision with no recipe. *Neurology* 2014;82:1016-7.
10. **Gupta A**, Kumar N, Saharan R, Rastogi P, Vishnu VY, Lal V. Teaching Video NeuroImages: Vertical supranuclear ophthalmoparesis: A diagnostic pearl for Niemann-Pick C. *Neurology* 2016;86(10)
11. **Gupta A**, Prabhakar S, Modi M, Bhadada SK, Lal V, Khurana D. Vitamin D status and risk of ischemic stroke in North Indian patients. *Indian J Endocrinol Metab.* 2014 Sep;18(5):721-5.
12. **Gupta A**, Kumar PS, Puri V, Saran RK, Narang P, Chowdhury D. 51-year old man with tingling, burning and progressive limb weakness. *Practical Neurology*, online first 14 May 2018.
13. **Gupta A**, Goyal MK, Modi M, Lal V. Tuberculous optic neuritis: A case report. *J Neurol Sci.* 2015 Mar 24.
14. **Gupta A**, Goyal MK, Singh P, Lal V. Early Transneuronal Degeneration in Dyke-Davidoff-Masson Syndrome. *J Clin Neurol* 2016;12:117-8.
15. **Gupta A**, Goyal MK, Vishnu VY, Ahuja CK, Khurana D, Lal V. Bilateral medial medullary infarction: the 'heart' reveals the diagnosis. *Int J Stroke* 2014;9(4).
16. **Gupta A**, Chakravarthi S, Goyal MK. 'Face of giant panda': a rare imaging sign in Wilson's disease. *QJM* 2014;107:579.
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Neurol 2014;17:426-8.

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20. **Gupta A**, Gupta Y. Glucocorticoid-induced myopathy: Pathophysiology, diagnosis, and treatment. Indian J Endocrinol Metab 2013;17:913-916.
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Projects

<u>Title</u>	<u>Funding agency</u>	<u>Duration</u>	<u>Starting date</u>	<u>Ending date</u>

To evaluate the prevalence and incidence of cognitive deficits, in relation to glycaemic control and other metabolic risk factors, in elderly patients with type 2 diabetes mellitus who are at high risk of dementia in comparison to age and gender matched normoglycemic subjects: prospective observational multicentre cohort study	ICMR	3 years	2019	2022
Clinical and radiologic profile, risk associations, caregiver burden and clinical outcomes in early and late onset dementia	Intramural	2 years	2022	2023