



# As part of the International Yoga Day Celebrations

All India Institute of Medical Sciences, New Delhi presents

### **PUBLIC LECTURE & PANEL DISCUSSION**

(in Hindi & English)

on

## Scientific Basis of Yoga Research for Good Health and Patient Care

Date : 20.06.2017 (Tuesday)

Time : 4:00 PM to 5:00 PM

Venue: Jawaharlal Auditorium, AllMS

## **Speakers**

Dr. Randeep Guleria, Dr. K.K. Deepak, Dr. Raj Kumar Yadav

#### **Moderator**

Dr. K.P. Kochhar

#### **Panelists**

Dr. Gautam Sharma, Dr. Rohit Bhatia Dr. Renu Bhatia, Mr. Rabindra Acharya

- Yoga for Asthma and COPD
- Yoga for Metabolic Syndrome (Diabetes, Obesity, Hypertension, Increased Lipids and cholesterol)
- Yoga and Stress Management
- Yoga for Neuromuscular disorders
- Yoga for Gut disorders
- Yoga and Pain Management

All are cordially invited

**ENTRY FREE** ( Please take your seat by 3:45 PM)

#### Please join us for tea after the lecture

Parking available at Multi Level Underground Parking (Near AllMS, Masjid Moth Campus)

For details please contact : Media & Protocol Division, AIIMS Ph: 011-26593400, 26593514, 26549131