

Topic	" CME cum CNE and Workshop on Pain and Palliative Care "
Organizer	Department Anaesthesiology, NEIGRIHMS,Shillong
Date	09/08/2019 to 11/08/2019
Time	9.00 AM – 6.00 PM
Live Streaming Link	https://nrcmedia.nmcn.in/userportal/index.html#/home/main and Click on video - 165554 (RRC_NeigrIHMS)_RPCS1
Telecast Venue at AIIMS Delhi	Studio-II, SET Facility

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**NATIONAL CME cum CNE & WORKSHOP ON
PAIN AND PALLIATIVE CARE**

9th-11th August, 2019

Venue: NEIGRIHMS, Shillong – 793018

Website: neigrihms.anaesthesiology@gmail.com



DEPARTMENT OF ANAESTHESIOLOGY AND CRITICAL CARE

Dated: 1st Aug, 2019

Chief Patron

Prof (Dr) D.M Thappa
(Director, NEIGRIHMS)

Advisor:

Prof (Dr) A.C.Phukan
(Dean)

Organizing Chairperson

Prof. P. Bhattacharyya

Organizing Secretary

Dr. Priyanka Dev

Co-Organizing Secretaries

Dr Asima Bhattacharyya
Dr Himjyoti Das
Dr Laltnapuii Sailo

Scientific Committee:

Dr Diganta Das
Dr. Sarah Ralte
Dr. Donkumar Khongwar
Dr. Bishwajeet Saikia
Dr. Dathiadnam Tongper
Dr. Baridalyne Nongkynrih
Ms. Sandra Lywait
Ms. Anita Wann
Ms. Bashisha Chyne

Treasurer:

Dr Sunny

Co-Treasurer:

Ms. Monica Kharbudon

To.

Dr. Parveen Kumar Neema,
HOD, Dept. of Anaesthesiology,
AIIMS, Raipur,
Chhattisgarh - 492099.

Dear Sir,

Greetings from the Organizing Committee of National CME cum CNE and Workshop on Pain and Palliative Care, NEIGRIHMS

On behalf of the Organizing Committee it gives us great pleasure to inform you that Dept. of Anaesthesiology, NEIGRIHMS is organizing a three days conference/workshop for nurses and doctors on "Pain and Palliative Care" on 9th-11th Aug, 2019 from Lecture theatre-1 (E-classroom), NEIGRIHMS.

In this regard, I would like to request you to kindly inform your esteemed "Faculty, staff and students" to kindly participate in this program through Video Conferencing. The details of the program are enclosed herewith.

For any clarification or assistance regarding the program, please contact

Prof. Prithwis Bhattacharyya, Nodal Officer, RRC (N.E), NEIGRIHMS.
Ph. No.:- +91 8794732674, +91 9436335209

The details of the Video Conferencing are provided below:-

IP Address: 14.139.245.136##165554.

For any further assistance regarding Video Conferencing kindly contact:

Mr. Y. Hemajit Singh, Consultant (Operation), RRC (N.E), NEIGRIHMS.
Ph. No.: 9863647355

With regards,
Organizing Committee

Prof. (Dr.) Prithwis Bhattacharyya
Organizing Chairperson

National CME cum CNE Workshop on Palliative Care
9th August 2019

TIME	DURATION	TOPICS	SPEAKER
9:00-9:20 am	20 mins	Oral Care	Ms. Dukadonhi. S. Babai Nursing Officer, NEIGRIHMS
9:20-9:40 am	20 mins	-Tracheostomy Care -Endotracheal tube Care	Dr. Earnestly Roy Sohkhia Consultant, Critical Care, Woodland Hospital
9:40- 10:00 am	TEA BREAK		
10:00-10:30 am	30 mins	-Ryles tube/ Nasoduodenal -Uses, Care, Cleaning -Enema	Ms. Cheerful Hadem Nursing Officer, NEIGRIHMS
10:30-11:00 am	30 mins	Bedsore Prevention & Care	Smt. Irene Nongtraw Deputy Nursing Superintendent cum CNE Chief Co- ordinator, NEIGRIHMS
11:00-11:20 am	20 mins	Bed Making	Ms. Ranjita Devi Senior Nursing Officer, NEIGRIHMS
11:20-11:40 am	20 mins	DVT Stockings	Ms. Rashmita Devi Nursing Officer, NEIGRIHMS
11:40-12:10 pm	30 mins	Lymphoedema Management	Mr. Rajith Physiotherapist, NEIGRIHMS
12:10-12:40 pm	30 mins	Care of Surgical site/ wound care	Dr.Dathiadnam Tongper Asst. Professor, Dept. Of General Surgery, NEIGRIHMS

12:40-1:00 pm	20 mins	Care of IV /infusion sites	Mr. Reginald Richie Shangpliang Nursing Officer, NEIGRIHMS
1:00-1:20 pm	20 mins	Positioning & use of comfort devices	Ms. Deepshika Kakoty Nursing Officer, NEIGRIHMS
1:20-1:40 pm	20 mins	Use of infusion pumps	Ms. Darihunlang Pariat Nursing Officer, NEIGRIHMS
1:40-2:10 pm	LUNCH BREAK		
2:10-2:40 pm	25 mins	Social Work in Palliative Care	Dr Rakesh Nongthombam Asst. Professor, JNIMS, Manipur
2:40-3:00 pm	20 mins	Nebulization & Spacers (Cipla)	Dr.Prakash Deb Senior Resident Doctor, Dept. Of Anesthesiology and Critical Care, NEIGRIHMS
3:00-3:30 pm	30 mins	Role of Physiotherapy in Palliative Care	Mr. Rajith Physiotherapist, NEIGRIHMS
3:30-3:55 pm	30 mins	Colostomy Care	Dr Donkumar Khongwar Asst. Professor, Dept. Of General Surgery, NEIGRIHMS
3:55-4:25 pm	30 mins	Working as a team	Dr. Kabindra Bhagwati Associate Professor In-charge Palliative Care, BBCI, Assam
4:25-4:40 pm	15 mins	Control & Treatment of side effects associated with cancer pain: <ul style="list-style-type: none">• Sedation• Cognitive dysfunction• Respiratory depression (morphine toxicity)	Dr. Nandlal Bhagat Director, Global Pain & Palliative Clinic, Consultant at HAMM Hospital & Research Centre, Hojai, Assam
5:30-6:00 pm	30 mins	INAUGURATION	

National CME cum CNE Conference on Pain & Palliative Care
10th August 2019

TIME	DURATION	TOPICS	SPEAKER	CHAIRPERSON
9:00-9:15 am	15 mins	Introduction to Palliative Care	Dr. P. Bhattacharyya HOD, Dept. of Anesthesiology and Critical Care, NEIGRIHMS	-
9:15-9:45 am	30 mins	Optimization of care: -Quality of life -Essential care -Anticipatory prescription -The terminal phase -Dying phase	Dr. P. Bhattacharyya HOD, Dept. of Anesthesiology and Critical Care, NEIGRIHMS	Dr. Baridalyne Nongkynrih Professor, Centre for Community Medicine AIIMS, New Delhi
9:45-10:00 am	TEA BREAK			
10:00-10:20 am	20 mins	Assessment & management of: -Malodour -Exudate -Bleeding	Dr. Dathiadram Tongper Asst. Professor, Dept. Of General Surgery, NEIGRIHMS	Dr. Sandeep Sahu Additional Professor Anaesthesia, SGPGIMS, Lucknow
10:20-10:40 am	20 mins	Gastrointestinal assessment & management: -Constipation, enema -Nausea & vomiting	Dr. Tridip Borah Asst. Professor, BBCI, Assam	
10:40-11:20 am	20 mins	Assessment & Pharmacological management of: -Anxiety -Agitation -Delirium -Dementia	Dr. Sonali Shinde (Drug) Consultant Psychiatrist Mind and Wellness Clinic	Dr Ayananshu Nayak Psychiatrist Daradia Pain Clinic, Kolkatta
	20 mins	Non- pharmacological management of: -Anxiety -Agitation -Delirium -Dementia	Smt. Greenita Syiemlieh (Non Drug) Nursing Officer, NEIGRIHMS	

11:20-11:40 am	20 mins	Palliative sedation therapy	Dr Himjyoti Das HOD, Dept. of Anesthesiology and Critical Care, Nazareth Hospital	Dr. Dipasri Bhattacharya Professor & Head, Dept. of Anesthesiology and Pain, RGKAR Medical College, Kolkatta
11:40-12:00 pm	20 mins	Palliative Care for the vulnerable age groups	Dr Vikas Jagtap Associate Professor Radiation Oncology, NEIGRIHMS	
12:00-12:15 pm	15 mins	Control & treatment of side effects associated with cancer pain: -Nausea & vomiting } -Constipation } -Pruritis }	Dr Wendy L Sailo Asst. Professor, Dept. of Anesthesiology and Critical Care, NEIGRIHMS	Dr. Umesh Badani Professor & Head AIIMS, Patna
12:15-12:35 pm	20 mins	Ethics based decision making	Dr. Sushrut Bandopadhyay HOD, Critical Care, Amri Hospital	Dr. Malvinder Singh Sahi Senior Consultant & Head, Pain Management, Rajiv Gandhi Cancer Institute & Research Center, New Delhi
12:35-12:55 pm	20 mins	Essential requirements for homecare	Dr.Lakshmi Prasad Janapali Deputy MS, Associate Professor, Department of Hospital Administration, NEIGRIHMS	Dr. Thoiba Sukham Professor and Head, JNIMS, Imphal
12:55-1:15 pm	20 mins	Use of Feeding bag(e.g., Amika Bags) and maintaining nutrition-hydration in Palliative Care	Dr Rajarshi Roy Intensivist in Amri Hospital, Kolkata	

1:15-1:35 pm	20 mins	PAIN -Why do we need to treat the pain early & Adequately	Dr. Dipasri Bhattacharya Professor & Head, Dept. of Anesthesiology and Pain, RGKAR Medical College, Kolkatta	Dr. Gautam Das Director Daradia Pain Clinic, Kolkatta
1:35-1:55 pm	20 mins	Assessment of Cancer pain: -Concept of total pain	Dr. Sanghamitra Bora State Lead-Palliative Care Assam Cancer Care Foundation(Joint initiative of Govt of Assam & Tata Trusts), Guwahati, Assam	
1:55-2:25 pm	LUNCH BREAK			
2:25-2:45 pm	20 mins	Emergencies in Palliative Care	Dr.Donkumar Khongwar Asst. Professor, Dept. Of General Surgery, NEIGRIHMS	Dr. Rituparna Barooah Associate Professor Department of Physiology, NEIGRIHMS
2:45-3:05 pm	20 mins	Spirituality	Ms. Sandra Lywait Nursing Officer, NEIGRIHMS	
3:05-3:25 pm	20 mins	Yoga & Meditation	Dr. Vijay Kumar Associate Professor NEIAH,Shillong Mr Soram Chinglensana Yoga Instructor, NEIAH, Shillong Dr. Darishisha Suting Lecturer, NEIAH, Shillong	
3:25-3:40 pm	TEA BREAK			
3:40-4:10 pm	30 mins	Role play-Breaking Bad News	Dr Himashree Bhattacharya Asst. Professor, Dept. Of Community Medicine, NEIGRIHMS	
4:10-6:10 pm	2hrs	Movie: Analysis & Discussion "THE WIT"	Dr. P. Bhattacharyya HOD, Dept. of Anesthesiology and Critical Care, NEIGRIHMS	

National CME cum CNE & Workshop on Pain & Palliative Care
11th August 2019

TIME	DURATION	TOPICS	SPEAKER	CHAIRPERSON
8:30-8:45 am	15 mins	WHO ladder-Old & New	Dr. Samarjit Dey	Dr. Pankaj Kundra
8:45-9:00 am	15mins	CDC on Opioid use/ over dose	Dr. Rohit Lahori	
9:00-9:15 am	TEA BREAK			
9:15-9:30 am	15 mins	Phantom Limb Pain	Dr. Pankaj Kundra	Dr. Rohit Lahori
9:30-9:45 am	15 mins	Different Pharmacological management in Cancer pain	Dr. Sunny Malik	
9:45-10:15 am	30 mins	Panel Discussion: -Morphine and other Opioids -Legal Aspects	Panelist- Dr. Pankaj Kundra Dr. Rohit Lahori Dr. Vikas Jagtap Dr. Sharon Uniki Lyngdoh Shri. Vivek Syiem	Moderator- Dr. P Bhattacharyya
10:15-11:15 pm	1 hour	3D Dissection table	Dr. A Bhattacharyya Dr. Sarah Ralte Dr. Biswajit Saikia	Moderator- Dr. Gautam Das

11:15- 2:00 pm “Cadaveric Workshop”	3hrs 15 mins	Pain control & blocks (interventional) -Coeliac, Splanchnic, Ganglion impar, Hypogastric -Stellate -Brachial plexus -Gasserian, Glossopharyngeal	Dr. A. Bhattacharyya Dr. Sarah Ralte Dr. Gautam Das Dr. Samarjit Dey Dr. Sunny Malik Dr. Pankaj Kundra Dr. Rohit Lahori Dr. Priyanka Dev Dr. Chinmoy Roy Dr. Debjyoti Dutta	
2:00 - 3:00 pm	LUNCH BREAK			